WEST AUSTRALIAN OPERA

We love to write. Writing by hand helps you to calm down the body and mind. It is the perfect activity to do at any time of the day. It also engages both the left and right side of the brain! A great writing activity is poem writing. Add some rhythms and some cool beats and your poems can become inspiring songs.

An acrostic poem is one style of poetry writing. It is a great way to get you thinking about a subject in an interesting way. You can keep it simple by using one word per line **OR** you can challenge yourself by creating one sentence per letter.

Here are two examples:

Orchestra	**O**rchestra tunes within the pit
Pitch	**P**erformance commences and I am transported to a place far away
Encore	**E**motional energy between the singers is stirring
Resonance	**R**eality takes a hold as audience applause returns me to my seat
Aria	**A**rias greet me like old friends as I replay them again and again

Have a go! Your subject might be your favourite musical instrument, a day of the week or a friend's name. Your poem can be funny or emotional. Let your writing be a reflection of what mood you are in at the time of writing.

Wesfarmers Arts
Principal Partner
act belong commit
healthway